

# SERMON NOTES

## That You May Know You Have Eternal Life

Bishop Beau Barton · Courts of Praise · Sunday Service · May 3, 2026  
1 John 5

### THE MESSAGE

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- John wrote to disciples being assaulted by doubt so they would know — not guess — that they have eternal life.
- Faith will not outgrow your knowing; the more you know what God declares, the greater your confidence grows.
- Ignorance robs you of confidence; growing in knowing equips you to refute every attack of the enemy.

### DEFINITION

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- Know (Gk. oida) — settled, certain knowledge; a deep, established conviction that can withstand the full assault of the enemy, not mere intellectual awareness.
- Keep himself — active personal responsibility in holiness; the one born of God does not passively wait for protection but maintains their position in Christ through consistent surrender and obedience.

### WHAT GOD SAYS

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**1 John 5:13** — *“These things I have written to you who believe in the name of the Son of God, that you may know that you have eternal life.”*

**1 John 5:14–15** — *“This is the confidence that we have in Him, that if we ask anything according to His will, He hears us. And if we know that He hears us, whatever we ask, we know that we have the petitions that we have asked of Him.”*

**1 John 5:18** — *“We know that whoever is born of God does not sin; but he who has been born of God keeps himself, and the wicked one does not touch him.”*

**Romans 10:17** — *“So then faith comes by hearing, and hearing by the word of God.”*

### KEY TEACHING POINTS

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- **Knowing produces confidence — doubt thrives in ignorance.**
  - John’s disciples faced the same assault of doubt and unbelief that we face today.
  - John’s response was not a pep talk — it was written truth given so they could know.
  - You will be in just as much doubt in 50 years if you do not grow in your knowing today.
- **Praying according to God’s will is both a responsibility and a guarantee.**
  - God hears every prayer aligned with His will — nothing in hell can stop the answer.

- Maturity in prayer means becoming intentional about asking according to His will, not your own desires.
- You can come to a place of thanking Him before receiving, because you know you're in agreement with His will.
- **Personal responsibility: keep yourself.**
  - Whoever is born of God keeps himself — the responsibility belongs to you.
  - Sin is the door; rebellion is permission granted to the wicked one.
  - If you sin and confess with sincerity, He is faithful and just to forgive and restore.
  - *He cannot forgive what you will not repent of; He cannot cleanse what you do not release.*
- **The wicked one cannot touch you when you keep yourself.**
  - Satan tempts relentlessly.
  - Surrender to sin is to give up your authority.
  - The lie of hell is that you are powerless; the truth is that only sin gives him a foothold.
  - Armed with knowing, you can refute every accusation, every assault, every wave of doubt.

## APPLICATION

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- Give yourself to growing in the Word — beyond Sunday, daily and consistently.
- Develop an intentional prayer life aligned with God's will, not your own desires.
- Take personal responsibility — keep yourself. When you fail, confess quickly and return.
- Refuse the lie of powerlessness — sin is the only door the enemy needs, and it's yours to close.

## KEY SCRIPTURES

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REFERENCE	THEME
<b>1 John 5:1-2</b>	Loving God means loving those born of Him — a clear sign of real faith.
<b>1 John 5:13</b>	John wrote written truth so disciples would know they have eternal life.
<b>1 John 5:14-15</b>	Confidence in prayer: ask according to God's will and He hears — the answer is guaranteed.
<b>1 John 5:16-17</b>	Not all sin leads to death; this distinction protects confidence and assurance.
<b>1 John 5:18</b>	Born of God, keeps himself — the wicked one cannot touch him.
<b>Galatians 5:19-21</b>	Works of the flesh: practicing these forfeits the inheritance of the Kingdom.

## KEY QUOTES

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*"Faith will not outgrow your knowing."*

— Bishop Beau Barton

*"Sin is the only thing that takes your authority away from you with the wicked one. Just sin, nothing else."*

— Bishop Beau Barton

*"He cannot touch me. He tempts relentlessly until the very end... but he can't touch me if I keep myself."*

— Bishop Beau Barton

*"I want to know. I want to know. I want to know. I don't want to walk in ignorance."*

— Bishop Beau Barton

## TAKEAWAYS

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- You can walk in confident, unshakeable knowing — it is available to every believer who gives themselves to God's Word.
- Prayer aligned with God's will is unstoppable; nothing in hell can prevent the Father from answering it.
- The responsibility to keep yourself is yours — and when you do, the enemy has no access to your life.
- Don't stay in immaturity; make decisions for your family and your life based on God's will, not comfort or convenience.